



Spring 2021



# the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program  
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: [www.frederickhealth.org](http://www.frederickhealth.org)  
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

## President's Letter

Thomas A Kleinhanzl

Dear Friends,

I hope this message finds you healthy and thriving. We're starting to see some early signs of spring, and the warmer weather is a welcome change for us all.

Recently, we passed the one-year mark of our response to COVID-19. While the past year has been unlike any other, you, our generous volunteers, have remained constant through the unwavering support you provide. It has been amazing to watch you pivot from your usual roles of offering a friendly greeting at our locations, guiding patients and visitors, supporting our many departments and clinical teams, as well as planning fun events and sales; to lending a helping hand in a very new and different way.

Remaining true to your mission, the Auxiliary jumped into action when our community and healthcare team needed help. First, you started making masks and quickly expanded your efforts to meet the growing demand for other personal protective equipment like isolation gowns and face shields, of which you have made thousands! It has been truly amazing to watch you do what you do best—come together and give your time, talents, and treasure to the community we serve.

It's been wonderful to see the return of some green vests at the hospital, and I look forward to seeing more as people are comfortable and re-trained. We're not entirely out of the woods yet, but we're starting to see some light peek through the trees. With more vaccines administered every day and all of us doing our part to stay well and follow safety guidelines, I know we'll get through this together.

On behalf of Senior Leadership, I thank you for your continued commitment and generosity. We're so grateful to have you as part of our team.

Kind regards,

*Thomas A. Kleinhanzl*

Tom Kleinhanzl  
President & CEO  
Frederick Health



## President's Message

Pat Ray

Greetings! To those of you who have come back to either the hospital, Select Seconds, or the Stockman Cancer Institute – we are thrilled to have you back! For those who are still not ready, we understand and will be glad to see you when you are ready.

We have been terribly busy during the pandemic. Our Sewing group, chaired by Elsie Warnock, has been working steadily since the beginning of the shutdown. A small group of volunteers and hospital helpers became a production team making PPE – thousands of face masks, face shields, eye protection goggles, gowns, and surgical bonnets for the great team at the hospital. They setup shop at the Frederick Health Village, and now have a great, permanent location with their sewing machines, ironing boards and glue guns and continue to work to produce whatever is needed, along with their regular pillows, activity aprons, and walker bags. They never batted an eye no matter what we were asked to do and went beyond the call of duty!

Because of the efforts of that team, and because the rest of our volunteer force stayed home – we were included in the Good Samaritan of the Year Award along with the employees and medical staff of Frederick Health. I know so many of you wanted to be helping at the hospital, but you responded to President Tom's request to stay home and stay safe. That action was every bit as important to the work that was being done at the Village. So – congratulations to the Auxiliary for this high honor – you deserve it.

We have reopened the Select Seconds thrift shop, and the Gift Shop has been able to expand their hours. Thanks go to Sharon Hannaby, Denise Zigler, Mary Lou Minnick, and Bonnie Walters for their help in keeping the Gift Shop open for a few hours a day so the staff could stop by for a cold drink and a snack. Part of the mission of the Auxiliary is financial support to the hospital, so it is nice for the shops to be back in business. We also have fundraisers coming up starting with Lancaster Linens in April and our Uniform Sale in May.

The Scholarship committee is meeting to choose recipients of our scholarships. We have 4 named scholarships – the Kay Hartmann Scholarship, the Alma Whitehouse Scholarship, the Richard Kreh Scholarship, and a newly created Presidents Scholarship. We had a generous donation by a member of our Auxiliary to create a scholarship that honors Auxiliary Presidents – past, present, and future. We are thankful and happy to be able to help students who will pursue an education in the healthcare field. For more information on our scholarships, please do not hesitate to call the Volunteer Office at 240-566-3567.

There have been a lot of changes to the hospital in the year you have been gone, mostly due to the construction attendant with the Re-Envisioning Critical Care Campaign. To find out more details on project scope, please go to <https://www.frederickhealth.org/about/donate/reenvisioning-critical-care-campaign> where you will find all the details of the expansion of the ICU, Cardiac Cath lab, and changes to the Emergency Department and Pediatric ED.

As always, we are always looking for folks to help us on the Board. We have several services in need of a chair – ED, Library Cart, and the Newsletter, among others. If you are interested, please give me a call at the Volunteer Office or email me at [pray@frederick.health](mailto:pray@frederick.health).

We have missed you and look forward to seeing more friendly faces in green vests! Thank you for all that you do for the Auxiliary.



## Director's Letter

Sharon Hannaby

We are so happy to start welcoming some of our volunteers back! We are phasing volunteers in by service area. It is really great to get to see those of you who have returned – you have been missed!

During your time away, we have lost some service areas but gained a few, too. Many of our volunteers have been helping with the COVID vaccine clinic and/or call center. This clinic and call center are very busy and the volunteers there are much appreciated by staff.

Let's all look toward the bright, sunny days ahead!



*Welcome Back!*

As the case numbers decrease and Frederick Health relaxes some COVID-19 restrictions, **opportunities for volunteers to begin serving have increased**. As of this writing, the Gift Shop and Select Seconds are now open and volunteers may work at the hospital main entrance Information Desk (there is no longer a Family Center desk). There are also various clerical and offsite opportunities that continue to increase. Changes occur from day to day; **if you want to return to volunteering, please call the Volunteer Office** (240-566-3567) to talk to Sharon Hannaby or email her at [shannaby@frederick.health](mailto:shannaby@frederick.health) to discuss opportunities and let her know what you are comfortable doing. You can work in a different area than the one you served in previously if you don't want to wait until that one is re-activated.

**Requirements** at this time are:

- 2020-21 Dues are paid
- All mandatory tests (2020) have been completed
- Attend a Welcome Back in-service presented by the Volunteer Office. Weekend dates are available as well as weekdays.

*(If you work at Select Seconds, you will attend a different in-service and will contact the shop Chair to schedule)*

**URGENT NEED!**

There are many openings for volunteers at the Main Entrance desk of the hospital. If you are interested or want more information, please contact Sharon Hannaby at [shannaby@frederick.health](mailto:shannaby@frederick.health) or call her at 240-566-3567. If you have not volunteered in that position before but are interested, training will be provided. The Main Entrance is the only public entry point for the hospital; the volunteers provide very important assistance to visitors and to the staff who are also assigned to the area. All precautions and procedures are in place to assure the safety of our volunteers, the staff and the visitors. Please consider this service if you are ready to come back!

**All About Fundraising** \_\_\_\_\_ **Joe Collins, 1st Vice President**

Spring is finally here and with it the easing of some of the restrictions imposed by the pandemic. The familiar green vests of our Volunteers are starting to appear in the hallways of the hospital and with that we are able to bring back vendor sales.

We have scheduled twelve (12) vendor sales for the balance of 2021 with all sales held in the rear area of the cafeteria. We will kick off the 2021 schedule with home goods vendor **Lancaster Linens**. They will be here for two days – **Tuesday April 6<sup>th</sup> and Wednesday April 7<sup>th</sup>**, with sales hours both days of 8 am till 4 pm. Payroll deduction will be available for employees.

We will follow up this opening sale with **Mindy’s Jewels** in for a one-day event on **Thursday April 29<sup>th</sup>**. Long time and popular vendor **Collective Goods (formerly Books Are Fun)** will hold a three-day sales event in May. Sale days will be **Wednesday May 5<sup>th</sup>, Thursday May 6<sup>th</sup> and Friday May 7<sup>th</sup>** and payroll deduction will be available for employees.

Sales scheduled for the balance of the year are –

**Shift Change Scrubs** – June 9<sup>th</sup> and 10<sup>th</sup>

**Fudge Farm** – June 17<sup>th</sup> and 18<sup>th</sup>

**6 Everything** – July 12<sup>th</sup> and 13<sup>th</sup>

**Collective Goods** – August 17<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup>

**\$6 Everything** – September 20<sup>th</sup> and 21<sup>st</sup>

**Shift Change Scrubs** – October 6<sup>th</sup> and 7<sup>th</sup>

**Fudge Farm** – October 14<sup>th</sup> and 15<sup>th</sup>

**Mindy’s Jewels** – November 18<sup>th</sup>

**Collective Goods** – December 20<sup>th</sup>, 21<sup>st</sup> and 22<sup>nd</sup>



© Can Stock Photo

As you see we have a full schedule and for those sales that allow payroll deduction we require Volunteers to complete that portion of the sales transaction. The process is easy and provides the Volunteer with an opportunity to interact with the vendor and hospital employees. Shifts are only three hours and in the cafeteria. Remember that the monies earned from the vendor sales are donated back to the hospital.

We look forward to welcoming back our vendors after a year’s absence and to those volunteers who make the vendor sales a success. Whether you are a veteran of volunteering at the sales or a first timer we look forward to your help and a successful year of fundraising.



**THE HOSPITAL GIFT SHOP IS OPEN!**



Thanks to our Volunteer Office staff and Mary Lou Minnick, the shop was open to staff during very limited hours at the height of the pandemic, but now is open to visitors and of course our volunteers! If you are in the hospital, come by to say hello and shop, there are lots of beautiful selections of jewelry, baby and other gift items! If you previously worked here or would like to, contact Sharon Han-naby at the Volunteer Office.

Current Hours: M-F 10:00am to 4:00pm

## Nominations Requested for Board Officer Elections \_\_\_\_\_ Sharen Neale

This year, the Auxiliary Board of Directors made the decision to have the previous Nominating Committee serve again for this year’s elections, due to the difficulties relating to the pandemic. Members are Peggy Rosenbluth, Susan Chapman, Fayne Lebherz, Joann Ramsburg and myself.

The positions of 1st Vice President, Recording Secretary and Membership Secretary are up for election. Joe Collins has agreed to run for another term as 1st Vice President, as has Kathy Soria for Membership Secretary. There are no nominees at this time for the vital position of Recording Secretary.

If you are interested in running, want a position description or wish to submit a nominee, please contact Sharen Neale as soon as possible at 717-398-8350 or [sharenmn@comcast.net](mailto:sharenmn@comcast.net). The **deadline for nominations is April 30th**. Please note that if you submit someone’s name, it is preferable that you ask if they are willing to run for the office, and they must give their consent to the nominating committee in writing.



Sadly, due to the pandemic restrictions, we will not be holding an annual luncheon meeting; the election will be conducted as it was last year. Once nominees have been determined, Active members eligible to vote will receive a notice via postal mail, with instructions as to how to deliver their vote.

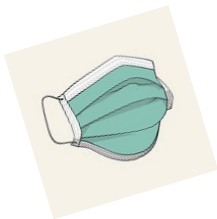
We look forward to your submissions, and hope that next year, we will be voting in person!



Many thanks to all who donated to our Tree of Lights fundraiser for the Auxiliary Scholarship Program. This year, we raised a total of \$ 6,175.00. .

These monies help fund the four scholarships we award each year to graduating high school seniors in Frederick County who are pursuing education in health related sciences.

## Important Reminders



As we slowly return to the hospital and off-site Frederick Health locations and resume volunteering, just a reminder that all **uniform policies** are to be adhered to. If in doubt, please contact the Volunteer office for clarification.

**Masks** must be worn on Frederick Health properties at all times.

**Be aware** that the long term construction project at the hospital means more limited parking. Please park in the parking deck and use the Staff entrance.

More information on changes to policies as well as a tour of the building changes due to construction will be provided at Welcome Back in-service that all returning volunteers will attend. Contact the Volunteer office to schedule.



**APRIL DOESN'T ONLY BRING RAIN SHOWERS; IT ALSO BRINGS SHOWERS OF BARGAINS AT SELECT SECONDS!!**



Select Seconds Thrift Shop is up and running again! And, to top it off, we have just put out our spring and summer merchandise. Please stop by and see the improved store layout, our efforts to keep our volunteers and customers safe, and the special display work that has been incorporated into our entire store to really make our shop look more like a “boutique”. We are ready to serve the community and our hospital.

During this crazy and unpredictable last 12 months, like most non-essential businesses, we had to close the store in mid-March 2020. After a four and a half month hiatus we reopened with a skeleton crew and worked fewer days and hours before having to shut down again in early December. Fast forward to early March of this year, we are now open five days a week, with only slightly fewer hours, and we are regaining our volunteers! We want to thank our volunteers for their patience, staying safe and healthy, and making that all important commitment to returning to work.

We also want to thank the Director of Volunteer Services and the Auxiliary president for keeping up good communications with our volunteers, providing us with much needed PPE and guidance, facilitating our COVID-19 vaccine appointments, and assisting us with our recent welcome back in-service.

**We are still very much in need of additional volunteers** to work at the shop. If you are interested, or know someone who is, please contact our Volunteer Services Office and let them know you would like to be on the Select Seconds team!

**Select Seconds Hours**

TUE – 11AM-3PM  
 WED – 11AM-3PM  
 THU – 11AM-3PM  
 FRI– 11AM-3PM  
 SAT – 11AM-4PM



Volunteers getting ready for our bag sale on March 20, 2021.  
 L-R: Linda Allen, Kellye Greenwald, Susan Chapman, and Bert Fiske

## WILL YOU HELP US?

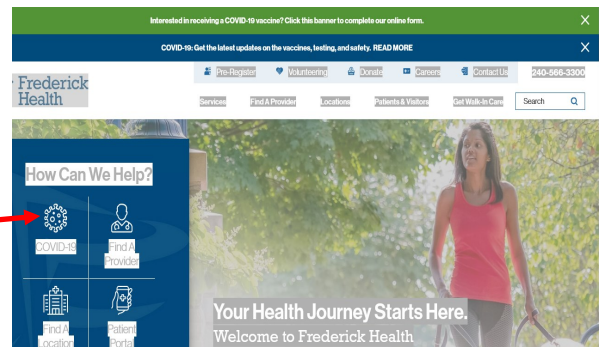
Are you enjoying this newsletter? It’s been a year since you’ve received one, and part of the reason in addition to the pandemic is that we no longer have an Editor/Chair for the publication. Sadly, our former editor, Jacob Moseley is no longer an Auxiliary member. Jacob did a terrific job during his tenure, and we appreciate all of his work. The newsletter is a crucial communications tool for our Auxiliary; many of you receive it by email, and over 250 people receive it by mail. It is the way we can reach everyone—Active, Supporting and Lifetime members. Some of these people have been members for 20 years and more, some live out of area or are homebound and we want them to keep up to date with the ways in which the Auxiliary they support continues its mission.



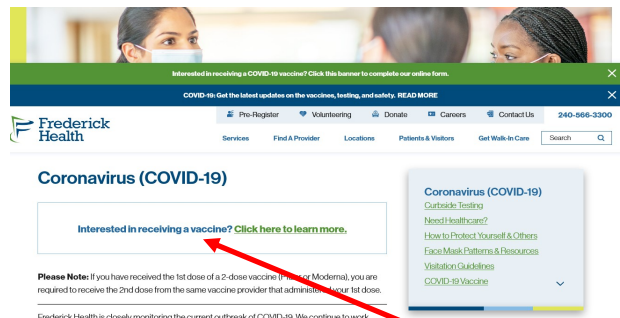
We need an Editor/Chair for this project as well as additional committee members. Help with the production and layout is available, and you do not need intensive technical skills to do this—just good writing skills! Please contact Pat Ray at [pray@frederick.health](mailto:pray@frederick.health), or leave her a message at the Volunteer Office (240) 566-3567 if you are willing to participate in this important endeavor or want more information.

## Did You Know?

Frederick Health’s COVID-19 vaccination registration is now online! If you know someone who is eligible (patient of Frederick Health Medical Group Primary Care, or if not, a resident of Frederick County) let them know that they can go to Frederick Health’s homepage ([www.frederickhealth.org](http://www.frederickhealth.org)) and click on the COVID-19 button under “How Can We Help?”.



From there, they’ll go to a screen that looks like this:



Here they can find current information regarding the virus, most current eligibility requirements and if they click on the link located here, can sign up on the vaccine interest form. Once that information is completed and submitted, when appointments become available, they will receive an email with a link to complete pre-registration and receive an appointment.



Frederick Health Auxiliary  
400 West Seventh Street  
Frederick, MD 21701

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**CONGRATULATIONS!**

Frederick Health Auxiliary is one of the recipients of the  
2020 Good Samaritan Award!



Despite the COVID-19 Pandemic and all of the restrictions,  
volunteers have continued to serve the hospital and the com-  
munity with the dedication and perseverance that makes this  
organization extraordinary!